

ŞĂĞÁ – Update July 2024

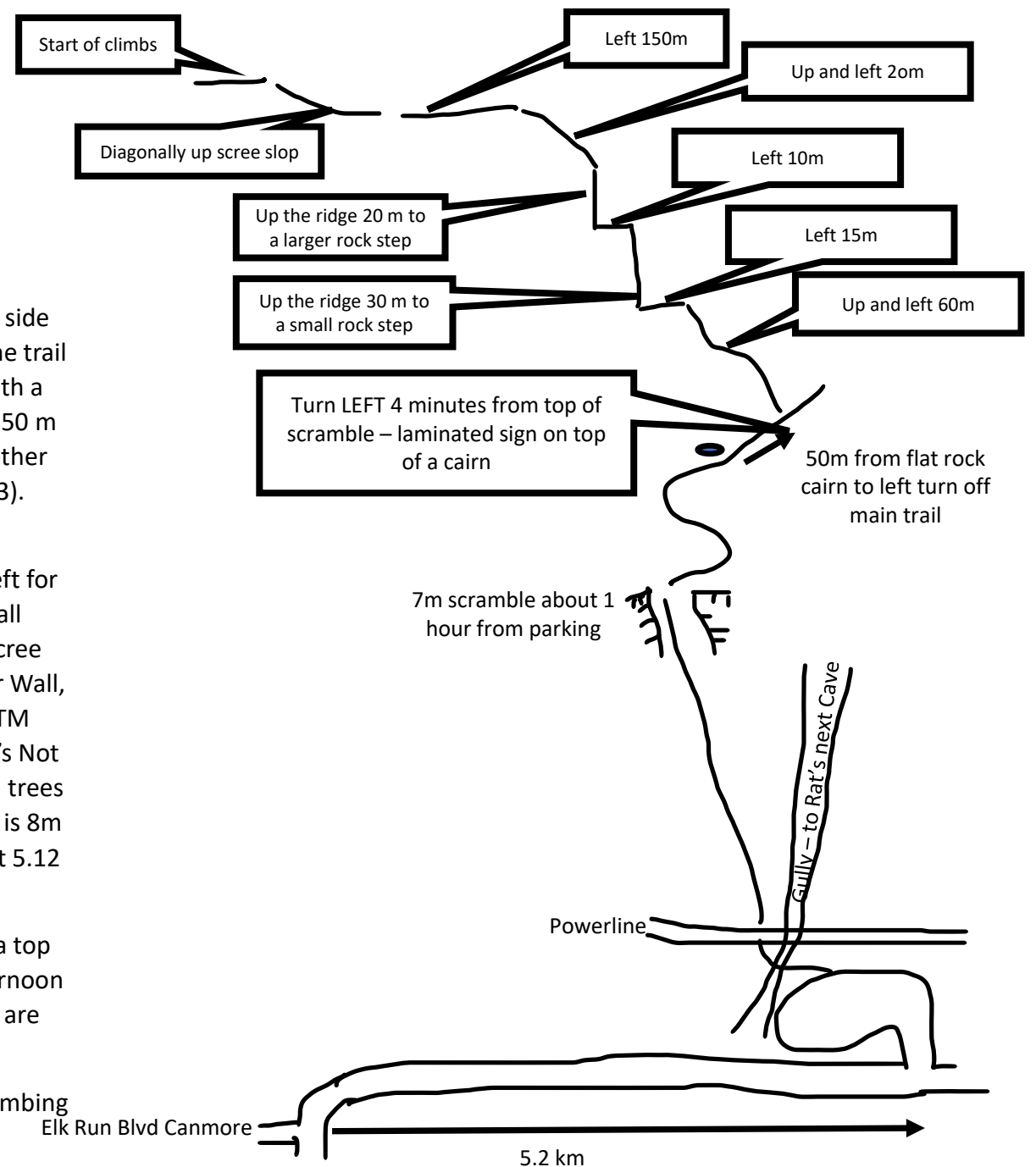
Park at the Rat's Nest cave parking lot, approximately 5.2km east of Elk Run Boulevard in Canmore on highway 1a. The parking lot is on the north side of the highway, just east of the entrance to the Graymont Quarry. If you start up the big hill, you have gone too far.

The trail head is in the trees on the north side of the parking lot. Head up the obvious trail, avoiding the cairned side trails. Cross straight under the power line and continue up the left side of the creek. About 60 minutes after leaving the parking lot, you will come to a section of the trail with a 7m long scrambling section. A ways after the scramble, the trail crosses a flat area with a large cairn with a big flat rock and then starts to contour to the right. About traveling about 50 m on the contour to the right from the flat rock cairn, make a left turn off the main trail at another cairn (there may be a laminated sign here) and continue up the ridge (UTM 621803 5658653). This is about 4 minutes after you start the 7 m scramble.

Follow cairns, survey tape and a faint trail up and left about 150m to the cliff face (up and left for 60m, go left 15m, straight up for 30m to a small rock step, left 10 m, up 10m to another small rock step, up 20 m to pass left under a large tree). Traverse 150m west along the wall to a scree slope. Ascend the scree slope diagonally left. The sector above the scree slope is the Limber Wall, which is still under development. The climb "Lost but Not Forgotten" is 10 m further left (UTM 621668 5658848). 15m further left is the tower of choss. The climbs "I Don't Know" and "It's Not in the Guidebook" are another 10m left, followed by a prominent waste high overhang with trees on the far side. 10m further brings you to the climb "This is It". The climb "And Jesus Wept" is 8m further, followed by "Work in Progress" 5 m after that. Another 15m brings you to "The Best 5.12 in the Bow Valley" and 12 m along is the start of "Rocky Mountain Section".

Most of the climbs are around 20m long; the longest is 25m. You need 11 quick draws plus a top anchor. The climbing tends to be steep and blocky with excellent friction. The crag gets afternoon sun. Bring a stick clip – while the climbs are designed to be accessible without a stick, many are set up so that you can clip the second or third draw.

This is a new crag. It has been extensively cleaned but expect rock fall. Check your holds. Climbing is inherently dangerous. Shit happens.

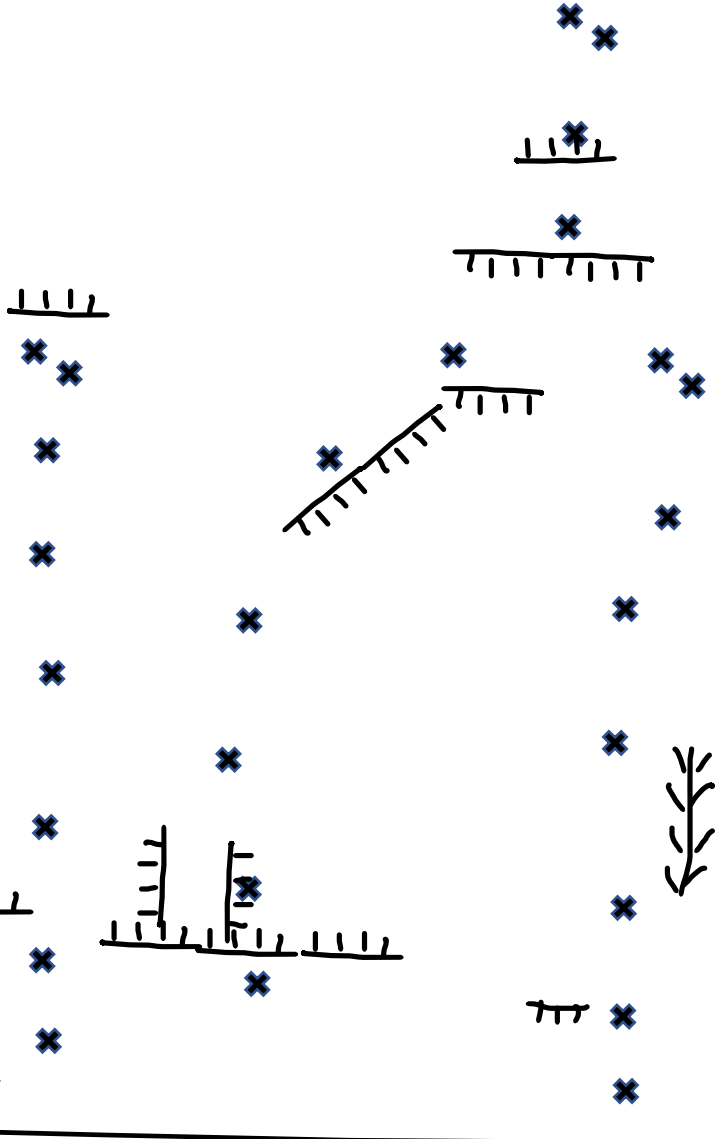
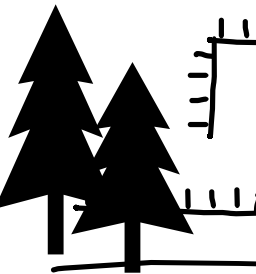


←
To the Worst Buddhist Ever Wall

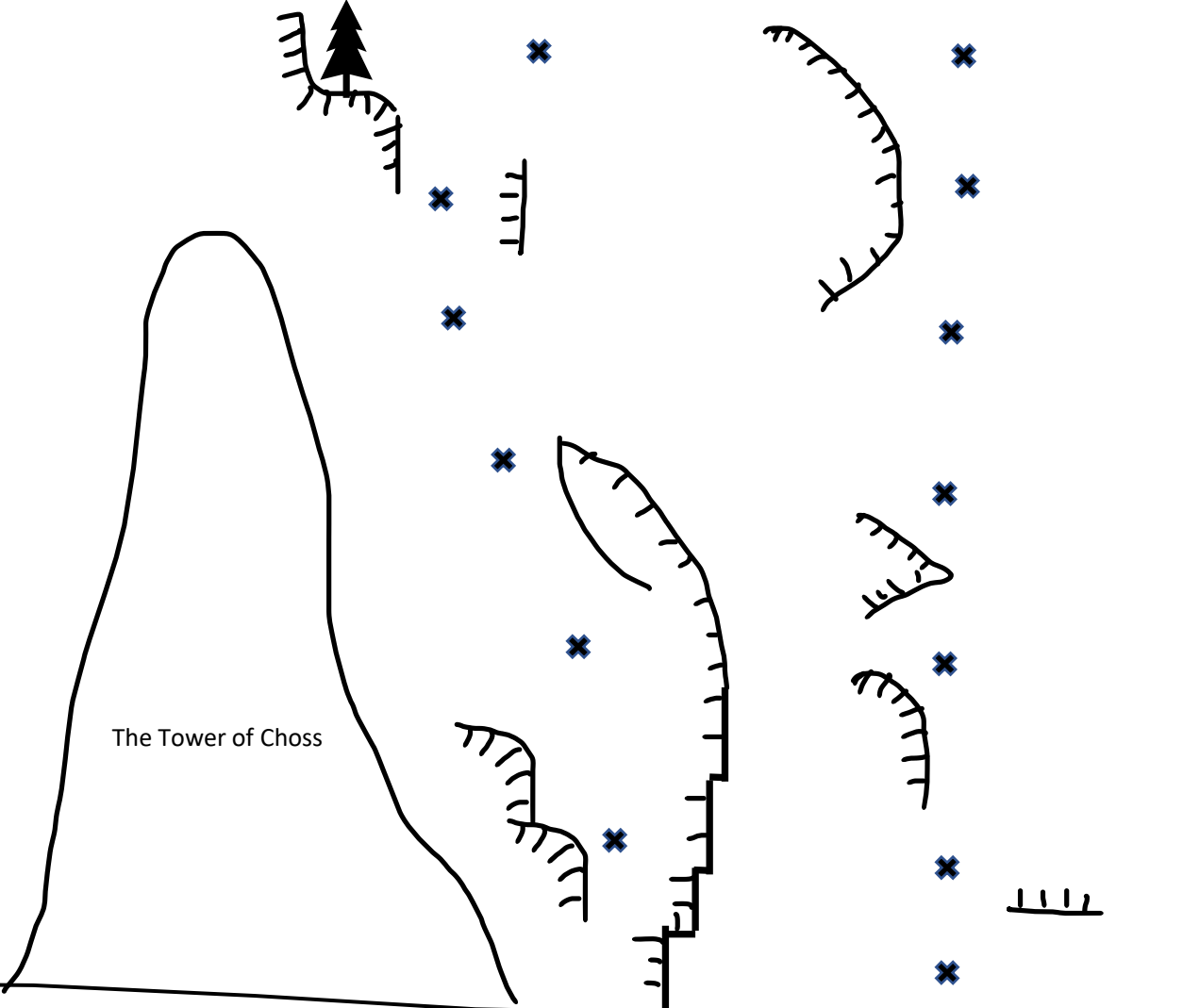
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To the Limber Up Wall (under development)

Lost Guidebook Wall

Notable by the 10m long roof a meter above the ground next to the trees at the left end



20m



The Tower of Choss

Don't You Hate It When the Name of the Climb is so Long That It Doesn't Fit in the Guidebook? 5.9
FA Diana MacGibbon October 2020

It's Not in the Guidebook 5.8
FA Steve Fedyna September 2019

I Don't Know 5.9
FA Jackie Clark May 2020

Lost in Studia Canonica 5.10a
FA Nathan Siray October 2020

Lost but not Forgotten 10a
FA Jackie Clark October 2020

Approach from the scree slope

The Worst
Buddhist
Ever Wall



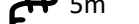
12m to Rocky Mountain Section and
History Wall



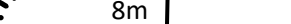
15m



5m



8m



25m



10m to overhang on
Lost Guidebook Wall



The Best 5.12 in the
Bow Valley 5.9
FA Steve Fedyna
November 2020

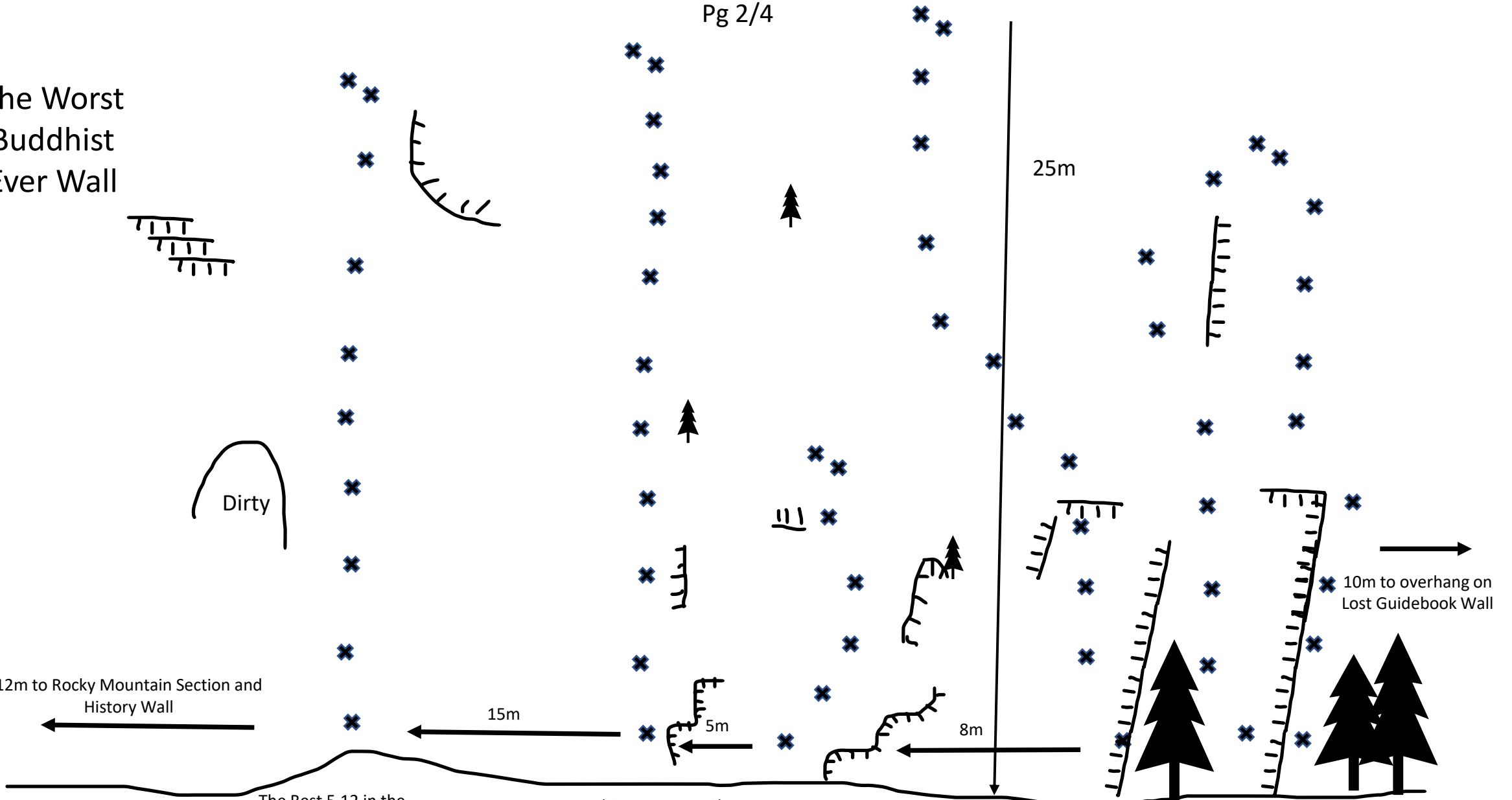
Work in Progress 10b
FA Diana MacGibbon
April 2020

And Jesus Wept 10b
FA Nathan Siray
October 2020

This Is It 10 a
FA Jackie Clark
October 2020

The Name of the
Route 10 a
FA Jackie Clark
October 2020

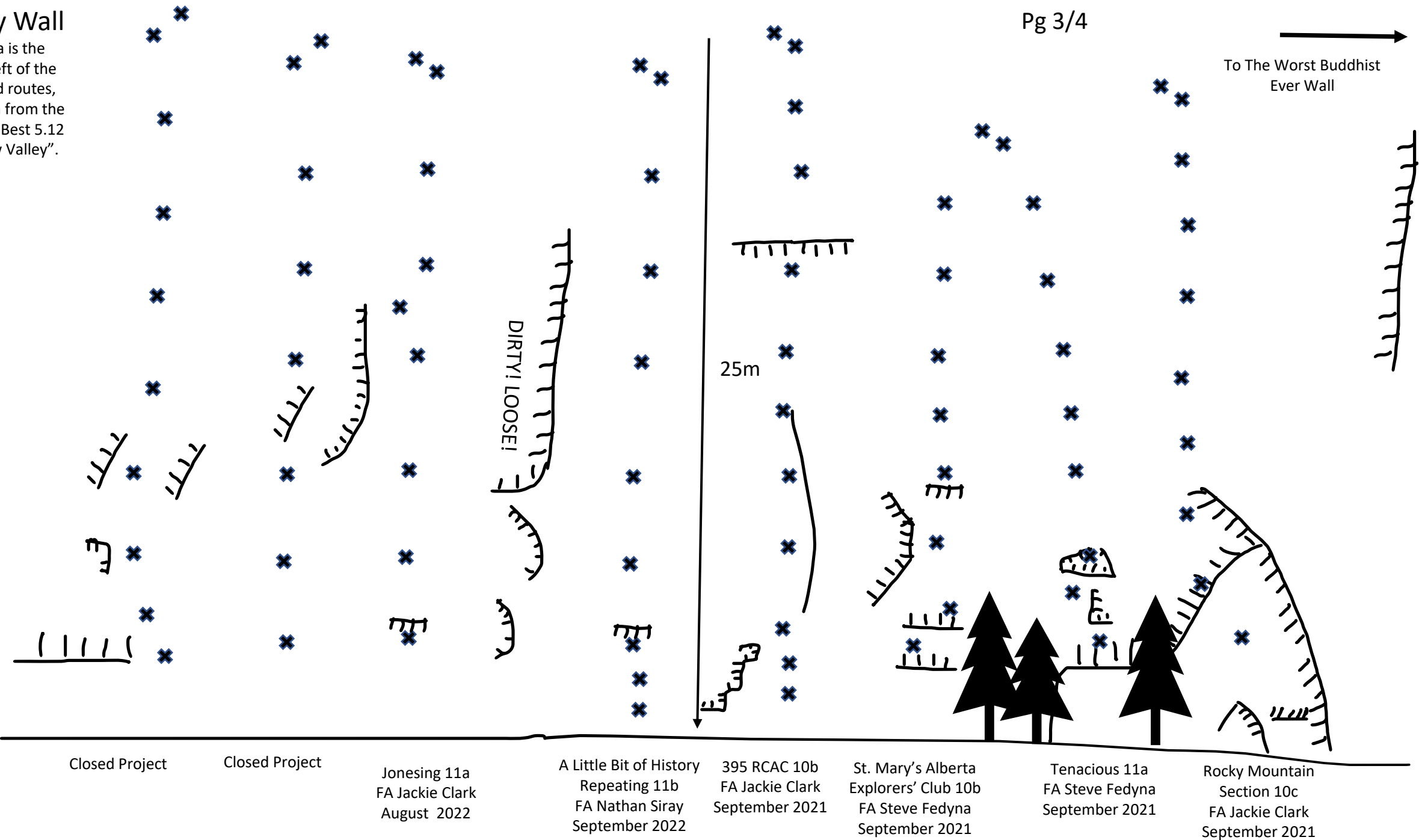
Nescio 10 a
FA Nathan Siray
October 2020



History Wall

This area is the farthest left of the developed routes, about 15 m from the route “The Best 5.12 in the Bow Valley”.

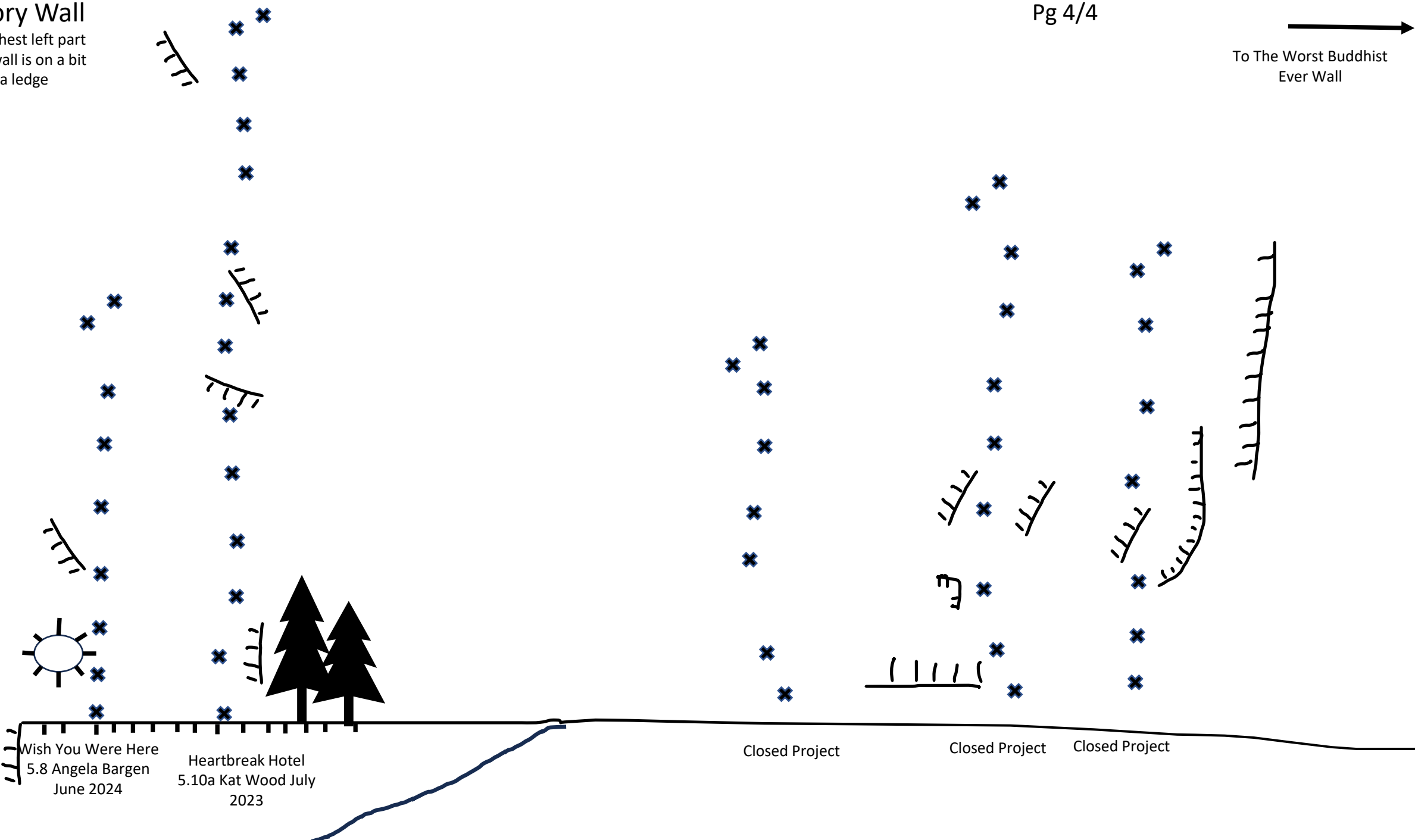
To The Worst Buddhist Ever Wall



History Wall

The farthest left part
of this wall is on a bit
of a ledge

To The Worst Buddhist
Ever Wall





Turn LEFT here off the main trail,
about 50m past the flat rock cairn
and 4 minutes from the scramble



Joe Ripperger on
"St. Mary's Alberta
Explorers' Club" 5.10b



Jackie Clark on "A Little Bit
of History Repeating"
5.11b



Approximate line of
"Jonesing" 5.11a



Wish You Were Here on
the left; Heartbreak Hotel
on the right



Jackie Clark on A Little Bit
of History Repeating